



## Woodpile



### PRESIDENT'S NOTE

Happy New Year !!!! A little late, but sincerely meant. I am looking forward to being the Chapter President for the next two years 2016 -2018.

This very dynamic chapter has many opportunities for education and growth while reflecting on the history of the chapter. The 20th anniversary of Penns Wood Chapter will be an integral part of the Vendor Fair March 10th at the Radnor Hotel. I know the committee is working hard to provide an interesting timeline and visual representation of the Chapter.

Another big upcoming event is the National Convention in San Antonio, TX, April 28 to May 1, 2016. At last count 8-10 members of this chapter will be going. THAT'S GREAT! I only have attended one other conference as a member when it was in Philadelphia, so I am looking forward to Texas and learning so much in my new capacity.

As always I want to thank the Board, the membership, the education committee and everyone else, for the privilege of being the Chapter President. Please feel free to contact me with comments and suggestions.

Sincerely,

Donna M. Osburn MSN, RN, OCN

## Pennwood Chapter Newsletter

February 25, 2016

### UPCOMING EVENTS



Dear Penns Wood Members,

You are invited to the 20th  
Anniversary of PennsWood ONS  
Chapter Vendor Fair on Thursday,  
March 10, 2016

The topic is "Compliance in the  
Home with Oral Chemotherapy Agents"  
sponsored by Ambry Specialty  
Pharmacy. CEUs currently being  
applied for.

Please RSVP as per the flyers  
instructions with your entrée selection.

**Remember! NO RSVP = NO dinner.**

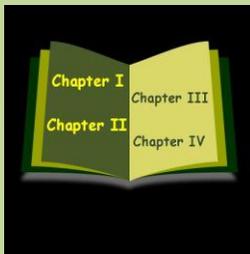
We look forward to seeing you  
at this wonderful celebration.

Marianne E. Casale  
MSN, RN, CHPN, CS, AOCN

PennsWood Chapter ONS  
Membership Chair

**FROM 1993-96**

**To 2016**



You are Invited to the 20<sup>th</sup> Anniversary of Penns Wood  
ONS Chapter Vendor Fair

**When:** March 10<sup>th</sup> at 5pm, Dinner @ 6:30 pm

**Where:** Radnor Hotel, Radnor, PA

**Requesting:**

Wear your Nursing School Pin and bring memories to share

**Speaker:** Michelle Martindale, RN, BSN, OCN

**Topic:** Compliance in the Home with Oral  
Chemotherapy Agents

**Sponsored By:** Ambry Specialty Pharmacy

### **Dinner Options**

Tuscan Chicken or Grilled Salmon with Orange & Ginger  
Glaze

**RSVP to:**

**Pat Frank [Patriciafrank1004@verizon.net](mailto:Patriciafrank1004@verizon.net)**

**or Ann Marie Gipe [amgipe@comcast.net](mailto:amgipe@comcast.net)**

**and place dinner order. (No RSVP = no dinner)**

**FROM**

**TO**

**4 Vendors at the first fair      22+ at this fair**

Time to gather education, materials and some goodies!

CEUs currently being applied for.

Penns Wood Oncology Educational  
And Information Fair

**March 10, 2016 - Thursday**

**Radnor Hotel, St. David's, PA**

**5- 6:30PM Displays**

- Vendor Display for professionals to review and discussion with vendors about their products and programs
- Display of the last 20 years of Penns Wood Chapter
- Dinner to follow sponsor by Amber Pharmacy for members to celebrate our 20th anniversary of receiving our charter from Oncology Nursing Society with a short program of what we have accomplish in 20 years.
- Also there will be a short lecture on compliance by patients @ home on oral chemotherapy.

Gifts and Door Prizes Asked to wear  
your Nurse's Pins Hope to see you on  
March 10, 2016

***Any questions please let Pat Frank  
or Ann Marie Gipe know.***

## Cathy's Clinical Corner

How might an oncology nurse proactively educate their patient regarding anti-nausea medication following chemotherapy?



Here is information you can use to educate your patient about being proactive about anti-nausea. The most important message is to let the patient know, that by being proactive with anti-nausea medication is better than trying to treat nausea once it has occurred.

### **Anti-nausea Medications Following Chemotherapy**

1. Check nausea status about dinner time
  - a. If no nausea, great, do nothing
  - b. If nausea present, take a Zofran (Ondansetron)
2. At bedtime, take Compazine (Prochlorperazine), even if no nausea
3. At breakfast, take a Zofran (Ondansetron), even if no nausea
4. Then see how you are feeling and take as needed

This will help you get through the first 24 hours following chemotherapy. Also do not wait until you have thrown up, anti-nausea medications work best prior, so if you have any degree of nausea, take one of the medications.



***Remember, Compazine does make one sleepy.***

If you have been taking anti-nausea medication and still have nausea, please call the doctor for follow-up.

## Villanova ACP in Oncology Conference

Villanova University College of Nursing invites you to join colleagues in palliative and hospice care for Advance Care Planning Reimagined: Clinical Excellence and Cultural Leadership in Oncology on April 1 - 2, 2016. This conference, with keynoter Ira Byock, MD, was developed to promote advance care planning.

Upstreaming advance care planning and palliative care have become a national healthcare priority, incorporated into CMS's reimbursement policies and guidelines from national organizations including the American Society of Clinical Oncology (ASCO).

This conference aims to:

- \* assist nurses, physicians, social workers and the interdisciplinary team to better understand the complexities of advance care planning
- \* improve their communications skills with patients and families around values and goals.
- \* explore methods of incorporating advance care planning into an organization's daily practice
- \* share experiences on all aspects of advance care planning as well as with incorporating advance care planning into organizational practices.

Learn more about Advance Care Planning Reimagined

[http://www1.villanova.edu/villanova/nursing/ce/conferences/advance\\_care.html](http://www1.villanova.edu/villanova/nursing/ce/conferences/advance_care.html)

**Register**

[http://www1.villanova.edu/villanova/nursing/ce/ce\\_course\\_reg.html](http://www1.villanova.edu/villanova/nursing/ce/ce_course_reg.html)



## EDITOR'S NOTE

Happy New Year to all! This is a great year for the Penns Wood chapter as we celebrate our 20th Anniversary what a legacy! This milestone gives a period where we reflect on the past, present and future.

In the past we think of how we became a ChiP and then progressed to a Chapter! Boy do I remember those years! The present, to see how the chapter has grown, still continuing networking, gathering at out monthly meetings and assisting in the Navajo project. The future, knowing that there are so many changes in Health Care and ONS we will embrace these changes and still function fully and stay committed to our course and commitment.

We will celebrate this venture on March 10th at the Radnor Hotel pondering on the past and present. Hope to see you there.

We do still need topics of interest and maybe some memorabilia regarding our legacy. Please submit to me!

Thanks,

Joy Hepkins RN BSN OCN

Woodpile Co-Editor

Please continue to send articles for the Newsletter. If you have anything to post or articles, please send it to:

[woodpilenenewsletter@gmail.com](mailto:woodpilenenewsletter@gmail.com)



**Newsletter Designed by: Quiana Braxton**

**Graphics & Much More For Less !**

**267-886-5869**

**Email: [decorbydivas@gmail.com](mailto:decorbydivas@gmail.com)**