



Woodpile

**Pennwood Chapter
Newsletter
July 12, 2017**



PRESIDENT'S NOTE

ONS CONGRESS May 4-7, 2017

“Elevate your Passion, Advance our profession”

The large, dynamic city of Denver, Colorado hosted 4400 oncology professionals for a four-day Convention in May. Once again, ONS supplied a comprehensive and diverse cross-section of topic ranging from Genomics to LGBT issues to medical marijuana. The closing remarks on “Medical marijuana: It’s not how High, But how Far You Can Go” was a crowd pleaser and had everyone laughing and empowered.

Other chapter news covers:

- Joy Hepkins in the nurse practitioner program
- Pat Frank’s grand-daughter graduation from BSN program
- Traveling by Susan Lorup and Vickie Squires
- Medical issues and family members passing, by all members

Writing all of this to reinforce the sense of community of ONS and the Pennswood Chapter; moving forward with new members, new service projects and a new passion for what we do.

Thank you for the continued opportunity to work for the Pennswood chapter.

Sincerely,

Donna M. Osburn MSN, RN, OCN

OncologyNurseAdvisor

Oncology Nurse Advisor (ONA) and Oncology Nursing Society (ONS) jointly offered a 3 day Navigation Summit-

June 15-17, 2017 in Austin, TX

-with an educational opportunity to learn first-hand from experts on topics that directly impact nurse navigators, care coordinators, oncology nurses, advanced practice nurses, cancer program administrators, and cancer service line directors involved in the management of people with cancer.

The abstract entitled “Developing a Lung Nodule Program across the Healthcare System” written by Rosemarie Tucci MSN, RN, AOCN and K. Lynne Quinn MSN, RN, AOCRNP, from the Penns Wood Chapter of ONS was reviewed by the advisory board of ONS and ONA and accepted for presentation at the 2017 ONA Navigation Summit. The presenting author (Ro Tucci) attended the conference to present their poster during the welcome reception on Thursday June 15, 2016, from 6:30 PM to 7:30 PM.

After the welcome reception, the poster remained on display for the duration of the meeting.

Good Samaritan Hospital

The Penns Wood Chapter is collecting donations to support Good Samaritan Hospital's Mobile Medical Clinic in LaRomana, Dominican Republic. The Mobile Medical Clinic provides health care services and health education to Haitians working on Sugar Cane Plantations. The mobile Health Care Clinic is run by Dominican Doctors, Dentists, and local Health Promoters. The success of the mobile clinic is dependent upon having the health promotion supplies needed to run the mobile clinic. The supplies that have been identified as a need by Good Samaritan Hospital include:

- Bars of soap (any size; travel size preferred)
- Toothpaste (any size; travel size preferred)
- Toothbrushes (single or multi-pack)
- Sunglasses (new or used)
- Plastic sandwich size bags (must securely close – i.e., ziplock)
- Plastic snack size bags (must securely close – i.e., ziplock)
- Small toys for children (i.e., stickers, coloring books, colored pencils [no crayons])

We will be collecting the above donations for Good Samaritan Hospital Project at the June, July, August, and September Penns Wood Chapter Meetings. If you have any additional questions, about the Good Samaritan Project, please email Sherry Burrell at sherry.burrell@comcast.net

To learn more about Good Samaritan Hospital, go to <http://www.laromana.org/goodsam.html>

and see the video at

<https://www.youtube.com/watch?v=EV-LNb31LwY>



Paoli nurse navigator first to receive AONN certification at MLH



Bettyanne Sunderland, Medical Oncology Nurse Navigator in the Cancer Center of Paoli Hospital received her certification as an Oncology Nurse Navigator-Certified

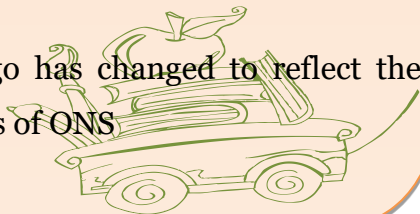
Generalist through the Academy of Oncology Nurse and Patient Navigators (AONN).

Bettyanne is a member of Oncology Nursing Society (ONS) and of the Penns Wood Chapter.

Sunderland is the first navigator for Main Line Health to receive this certification, which was just offered for the first time through AONN. The certification provides nurse navigators with the credentials and knowledge to enhance patient care and career development.

I attended the 2017 ONS business meeting while at Congress. It is always interesting to attend because I always learn more about ONS than I would otherwise. There have been several changes within ONS that have or will be happening that you may not know about:

1. ONS chapters are based within the United States only
2. SIGs are now referred to as ONS Communities and serve as a resource to all members
3. The ONS Nominating Committee will now be appointed by the Board of Directors and has been renamed the Leadership Development Committee.
4. The membership will continue to elect three Directors-at-Large to the ONS Board, while the President, Secretary, and Treasurer will be determined by the current Board
5. All ONS CNE offerings will now be coded for Individual Learning Needs Assessment (ILNA) points in order to make it easier for certified nurses to get points when renewing their certification
6. The ONS logo has changed to reflect the various aspects of ONS



Hiccups

Background:

- Common
- Benign

Cancer related causes of Hiccups

- Drug induced hiccups
 - Steroids (especially Decadron)
 - Opioids (pain medications)
 - Chemotherapy medications
 - Cisplatin, Carboplatin
 - Cytoxan
 - Taxol, Taxore
 - Gemzar
 - Navelbine
- Electrolyte abnormalities (low sodium, potassium, and/or calcium)

Treatment for Hiccups

- **Non-Drug Options**
 - Press tongue to top of mouth
 - Hold breath
 - Hold tongue
 - Hold breath and bear down
 - Drink ice water
 - Eat spoonful of sugar or peanut butter
 - Bite a lemon
- Note:
 - May or may not work for individual person
- **Drug Options**
 - Chlorpromazine (Thorazine)
 - May cause low blood pressure, drowsiness, and/or confusion
 - Only drug approved by FDA
 - Other drugs have been used depending on cause of hiccups such as Reglan, Haldol, or Neurontin
- **Alternative Treatment Options**
 - Acupuncture
 - Nerve block



March 14, 2017

Penns Wood Community Service
c/o Barbara Daulerio, BSN, RN, OCN

Lisa's Army would like to extend a special thank you to the Oncology Nursing Society, Penns Wood Community Service, along with you and Lynne for collecting supplies for our Comfort Care Packages. The items collected are greatly needed and will be used to fill many of our Comfort Care Packages.

The goal of Lisa's Army is to make a difference in the world — just like Lisa was able to accomplish in her short time with us. Thank you for supporting our mission.

Our heartfelt thanks,

Marie, Jane and Marianne
Comforting Those Battling Cancer
Join the fight at www.lisasarmy.org
jane@lisasarmy.org
610-716-0573

Please follow us on:

 Facebook/LisasArmyComfort

 @LisasArmy



EDITOR'S NOTE

This is our second edition and another to come in the fall for this year. Please continue to send the articles, we need more people to get involved. The people that went to ONS conference we would like to hear your experiences and what the ONS at Denver had to offer. We want any and all of the Pennswood chapter members to get involved especially in contributing to the Chapter. Goethe says it well ***“Knowing is not enough: we must apply. Willing is not enough: we must do”***.

Hope you all have a safe and enjoyable summer.

Joy Hepkins RN BSN OCN, Editor

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Graphics & Much More For Less !

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